

SPOTLIGHT

LMHI E-NEWSLETTER
MARCH 2026



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This month's issue reflects a busy calendar for our global community, with several major gatherings bringing us together in different ways.

The WHO TCIM Summit in New Delhi provided a significant platform for discussing the role of traditional medicine on a global scale, while the All-Russian Online Congress showed how effectively we can still connect and share clinical work across digital borders. Closer to the heart of our history, many of us recently gathered in Kolkata for the HMAI Golden Jubilee Congress, marking fifty years of work in the region.

Beyond the large events, we have some excellent individual perspectives to share. Andrea Flores, LMHI General Secretary interviewed Heike Gypser to talk about her life and the practical side of our remedies, and in our "Meet Your NVP" section, we're featuring our colleague from Mexico, Dr Sandra Massry who gives us a look at how she evolved in practice.

Ultimately, these reports are about the people behind the practice. Whether it's through a high-level summit or a one-on-one interview, the goal remains the same: to stay informed and connected as a global body. I hope you find the articles in this issue interesting and informative.



Dr Aditya Pareek
LMHI Secretary for Publications

LETTER FROM THE EDITOR



WHO Global Summit on Traditional Medicine, New Delhi

Raj K Manchanda, Kumar Vivekanand, Daisy Katarmal

1 Nehru Homoeopathic Medical College and Hospital, New Delhi, India

2 Bureau of Indian Standards, New Delhi, India

3 Central Council for Research in Homoeopathy, New Delhi, India



The Second WHO Global Summit on Traditional Medicine, held from 17–19 December 2025 in New Delhi, marked a pivotal moment in the global health landscape. Organized jointly by the World Health Organization (WHO) and the Government of India, the Summit brought together 800 delegates from more than 100 countries and attracted over 16,000 online registrations, including ministers from more than 20 nations. The energy and enthusiasm at the event reflected a shared global drive to transform how traditional medicine (TM) is understood, evaluated, and integrated within health systems worldwide. Within this broader context of traditional medical systems, homoeopathy holds a significant place. Originating in Germany, homoeopathy gradually gained popularity across Europe and subsequently spread to other parts of the world.

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Today, it is recognized as a traditional system of medicine with deep and well-established roots.

In his address, Prime Minister Narendra Modi expressed his deep satisfaction at India hosting the Summit and welcomed delegates, emphasizing both India's rich tradition in wellness systems and the global collaboration underway. He highlighted the importance of unity and cooperation in harnessing traditional knowledge for global health benefits, noting how these practices rooted in centuries of lived experience can offer valuable solutions today.

A central theme of the Summit was the WHO Global Traditional Medicine Strategy 2025–2034, a decade-long roadmap aimed at advancing traditional medicine through scientific validation, evidence creation, and stronger regulatory frameworks. Delegates explored how traditional medicine can strengthen health systems, enhance access to affordable care, and support universal health coverage in an equitable and sustainable manner. “



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“It is notable that standardisation is one of the core components of this strategy. The Indian government is also giving utmost importance to standardisation in the field of traditional medicine, with the setting up of a separate department at the Bureau of Indian Standards (BIS). Now there is more opportunity for the pharmaceutical industry to take BIS certification to go global. The provisions of this WHO GTMS 2025-34 are going to help us do more standardisation work not only for Homoeopathic products but also medical practices and wellness clinics.” — Dr Raj K Manchanda.

At this Summit, there was the launch of the Traditional Medicine Global Library (TMGL), the first digital platform to consolidate approximately 1.6 million resources on TM, including scientific studies and Indigenous knowledge. With tools like Evidence Gap Maps and an AI-powered tool called TMGL GPT, this platform aims to transform access to trusted evidence and accelerate research and policy decisions globally. There are around 16763 references of ‘homeopathy’ which is incredible in comparison to other TMs. [‘Chinese medicine’: 97968, ‘ayurveda’: 6431]Homoeopathy has been bracketed as complimentary medicine in the library. Innovation and collaboration took centre stage with the introduction of Health & Heritage Innovations (H2I), an initiative to nurture breakthrough ideas that connect traditional practices with modern technologies such as AI, genomics, and digital health tools.

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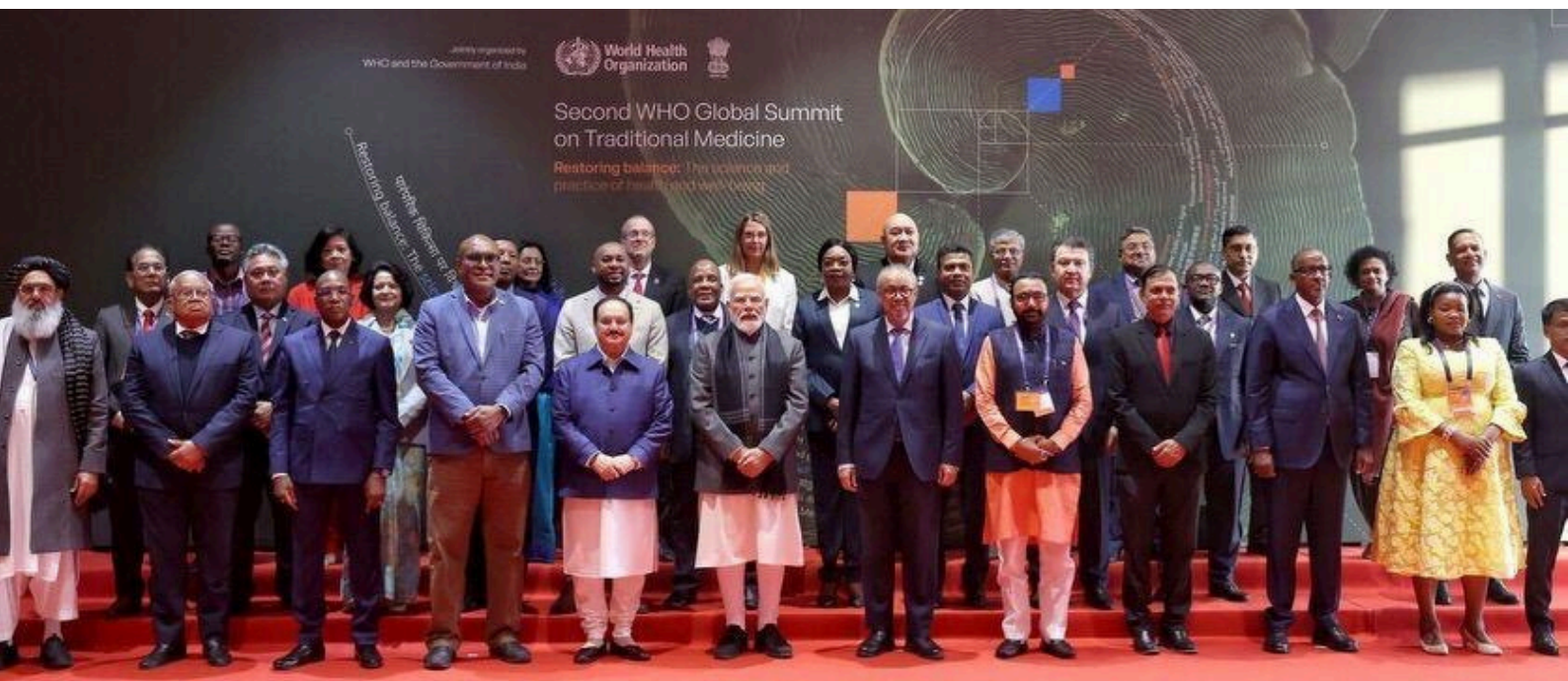
Out of over 1,000 submissions, 21 finalists were selected to enter a year-long accelerator program designed to refine prototypes, secure scientific and regulatory guidance, and link innovators with policymakers and investors. A significant institutional development at the Summit was the formation of the Strategic and Technical Advisory Group on Traditional, Complementary and Integrative Medicine (STAG-TM). This body, comprising 19 independent experts, will guide the Global Strategy, outline research priorities, and help build standards for evidence, safety, and integration into health systems. The Summit culminated in the adoption of the Delhi Declaration, a collective pledge endorsed by 26 Member States. Governments committed to integrating traditional medicine into primary health care, strengthening regulation and safety standards, investing in research, and building interoperable data systems to track outcomes, shifting from mere recognition of TM to delivering measurable results.

WHO Director-General Dr Tedros Adhanom Ghebreyesus underscored the transformative potential of traditional medicine, stressing that it can help address modern challenges, including non-communicable diseases, inequitable access to services, and climate change, while fostering care that is person-centered, culturally grounded, and holistic.

Homoeopathy aligns closely with WHO's strategic pillars of evidence, UHC, and innovation, supported by recent high-certainty evidence showing effects beyond placebo in rigorous analyses. High-quality trials strengthen, rather than weaken, its therapeutic signal, while real-world studies demonstrate reduced antibiotic use—addressing the AMR crisis sustainably.

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With growing support from modern trial designs, real-world evidence, and emerging material science findings, homoeopathy fits squarely within contemporary global health priorities. Looking ahead, Member States are to be motivated for working towards translating commitments into action by expanding access to trusted knowledge, adopting global standards for TM products and services, accelerating innovation, and embedding traditional medicine into health systems globally, guided by shared evidence and ethical principles.



First All-Russian Online Congress on Homeopathy

Dr Olga Dimer MD, Russian Homeopathic Society

On January 23–25, 2026, the First All-Russian Online Congress on Homeopathy took place, bringing together the XXXVI Scientific and Practical Conference titled “Development of the Homeopathic Method in Modern Medicine. Heritage. Innovations. Vector of Development!” The event was organized by the Russian Homeopathic Society, the International Medical Homeopathic League (LMHI), and the Moscow Homeopathic Center.

The forum was held in the format of a large-scale online marathon and gathered more than 200 specialists from Russia, India, Mexico, Brazil, Turkey, Israel, Latvia, France, and Belarus, as well as representatives from over 60 cities across Russia. The scientific program featured 53 speakers**, including Doctors and Candidates of Sciences, professors, and recognized experts of the professional community.

The congress opened with a welcome address by the LMHI General Secretary, Dr. Andrea Flores Sanchez (Mexico), who emphasized the vital role of international dialogue in advancing the homeopathic method. The keynote report by the President of the Russian Homeopathic Society, Leonid V. Kosmodemyansky, focused on the strategic prospects for the development of homeopathy in Russia.

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Key speakers also included Dr. Kavita Chandak, Dr. Ajit Kulkarni, Dr. Gaurang Gaikwad, Dr. Gloria André Feighelstein, Dr. Mine Sıdıka Kermalli, Dr. Lyubov E. Lurie, and Dr. Irina N. Kholodova, among other leading specialists who contributed significant scientific insights.

During the plenary session and thematic sections, participants explored major directions in the development of homeopathy — from fundamental research and clinical practice to miasmatic analysis, integrative medical approaches, and the integration of artificial intelligence into medicine and the homeopathic method.

Participants discussed the application of homeopathy in the treatment of complex diseases, pediatrics, dentistry, neurology, and veterinary medicine, as well as the prospects for interdisciplinary collaboration and strengthening the evidence base.

The congress clearly demonstrated that modern homeopathy is a global professional community, a dynamically developing scientific and practical discipline, and an important part of integrative medicine.

In conversation with...

Dr. Heike Gypser, Secretary of Pharmacy of the LMHI

By Dr. Andrea Flores, MD, MSc, General Secretary of the LMHI, Mexico



After attending the annual German Homeopathic Doctors' Congress in Köthen, I rented a car and drove for six hours at high speed along the beautiful, well-maintained Autobahns. My destination was Glees, a charming and very small German village. This is where the Gypseres lived and worked for many years. I was welcomed with great hospitality and warmth by Dr. Heike Gypser.

Andrea:

I am here with Dr. Heike Gypser, and I am going to ask her some questions about her life in homeopathy, as well as about her husband, Dr. Henning Gypser, who passed away recently

Why did you become interested in homeopathy, and how did you get so involved in it, the LMHI, and your role as Secretary of Pharmacy?

Yes, I first came into contact with homeopathy while working in an allopathic pharmacy.

Did you study pharmacy?

I studied pharmacy in Austria and Italy, completing my degree in Italy to qualify through the state exam. While working at a pharmacy, my employer's interest in homeopathy sparked my curiosity. With no prior knowledge, I attended a seminar in Verona on LM potencies led by Dr. Klaus-Henning Gypser. Though not designed for beginners, and despite being the only pharmacist with no background in homeopathy, I found the experience transformative. Even without fully understanding it, I felt it could be my path. Dr. Gypser shared literature that deepened my interest. From then on, when patients asked about remedies like Belladonna D6 or Arnica, I emphasized that a correctly selected remedy would be effective, reinforcing the importance of proper prescription.

And then what happened? Did you start working as a homeopathic pharmacist?

No, there was no chance to do that.

But you continued studying a little bit?

Yes, and shortly after that, I got married with Dr. Gypser, moved to Germany. We built our family, and slowly, just through daily life together, I picked things up and attended also all the seminars he gave at that time.

Then you studied something else and did your PhD, right?

Then I tried to focus a little on homeopathic pharmaceuticals and it was possible to do a PhD at the Institute of History of Medicine at the University of Bonn. It was about the history of making high potencies, specifically focusing on the history of high-potency machines used for homeopathic remedies in the United States.

And you successfully completed the PhD

Not at first moment, because the University of Bonn would not accept a homeopathic subject. However, my professor made it possible for me to complete it finally at the Institute of History of Pharmaceutics at the University of Marburg.



Wow! So after you finished your PhD, did you start working at the university giving lectures on pharmacy?

Exactly. After completing my studies, I was asked to give lectures to postgraduate students at the University of Marburg with the freedom to select the subject, so naturally, it was the history of homeopathic pharmaceuticals.

And what did you discover about those high-potency machines?

In the United States of America, they used very high potencies, a practice that started with Bernhard Fincke. He was the first to prepare them by machine. Several others followed, like Kent, who also had a potentizer, and the famous Boericke & Tafel company, who worked with potentizers too.

When did you start being part of the LMHI as the Secretary of Pharmacy?

I became the Secretary of Pharmacy in 2016 in Buenos Aires. Dr. Renzo Galassi introduced me, as he thought it would be a good fit for the role.

What specific work did you do as the Secretary of Pharmacy?

There was one ongoing task that had lasted for many years: establishing the definition of a homeopathic remedy. The LMHI Pharmacy Working Group finally completed this, and you can now find the official LMHI definition of a homeopathic remedy on their website. After that, we started comparing the homeopathic pharmacopoeias currently in use. We looked into how triturations, tinctures, and LM potencies dilutions are done differently across various countries.

Could you tell us what Dr. Klaus-Henning Gypser did for homeopathy in his life. What was his research, and what were his contributions to homeopathy?

Well, it is a collection of absolutely reliable sources for every remedy, including provings and clinical symptoms.

Dr. Heike, what would be a motivating message for present homeopaths like me and all members of LMHI?

I think you have to be strong-minded and confident in homeopathy. Once you have realized the principle of homeopathy, which is so simple and easy to understand in its basics — then you see, the application is quite difficult and you have to learn a lot. This, of course, prevents many people from studying homeopathy well, because it's not just a matter of "you have this, then take that remedy." You have to invest a lot of time, and you also have to invest passion. But the passion will come once you have understood the principle. It is easy to understand, and one should not be hindered or obstructed by seeing the amount of work you have to invest to really study homeopathy. Just stick to it.

And also, be confident in front of your patients. Because if you hit the right remedy, the patient is cured. If a doctor has this in mind, nothing bad can happen. But if the homeopathic doctor is not sure and thinks, "well, maybe we should try allopathic medicine in this case," that will never convince people. They will see it as "homeopathy might work, but not in my case." But that's not true. Reading case histories, for example, could give young doctors the confidence to see what is possible with homeopathy. But it has to be applied in a correct way, and this means a little bit of studying. I think if you realize that curing is possible, you will be willing to invest the time to study it.

So we have to study the Materia Medica and many authors, like who?

Start with the classics and stay rooted in classical homeopathy—they provide the right foundation. Focus less on proving homeopathy and more on building strong fundamentals; that clarity will help you distinguish what is valid from what isn't.

Don't just scratch only the surface. You have to go deeper.

Today it's easy to get the fundamental works; you can find most of the old journals and books online. It's not like during Henning's days, where you had to go and travel to libraries, search for books. That is no longer necessary. It's comfortable now. You can sit anywhere, like on a train, and read the old journals on your mobile phone.



Andrea:

Thank you very much, Dr. Heike, for welcoming me into your lovely home, for sharing traditional apple cake recipes with me, and for teaching me about the lives of those who correctly follow the principles of homeopathy in all walks of life.

This interview took place in Glee, Germany, in November 2024.

LMHI at the 23rd All India Homoeopathic Congress & HMAI Golden Jubilee



Release of Souvenir at the Inaugural session

The Homoeopathic Medical Association of India (HMAI), the largest homoeopathic association in the country and one of the institutional member of Liga Medicorum Homoeopathica Internationalis (LMHI) celebrated its Golden Jubilee with the 23rd All India Homoeopathic Congress and Homoeo Expo 2025. The event was held from 26th to 28th December 2025 at the Biswa Bangla Convention Centre, Kolkata, West Bengal. The theme, **“The Symphony of Homoeopathy in Health Care: Harmonising Research and Practice,”** reflected the Congress’s vision of integrating scientific inquiry with clinical excellence, while strengthening Homoeopathy’s role in national and global healthcare frameworks.

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Organisers and Collaborators

The Congress was organised by HMAI with support from: Ministry of Ayush, Government of India; National Commission for Homoeopathy (NCH); Central Council for Research in Homoeopathy (CCRH); Bureau of Indian Standards (BIS); National Institute of Homoeopathy (NIH).

Knowledge partners included: Liga Medicorum Homoeopathica Internationalis (LMHI), Global Homoeopathic Foundation, National Foundation of Homoeopathic Medical Colleges in India and other academic and professional institutions.

Participation and Pre-Congress Activities

- 3,500 delegates and 250 speakers from India and abroad participated.
- Three pre-congress workshops were conducted across academic institutions in Kolkata, training 200 postgraduate scholars and faculty members in:
 - Good Clinical Practice in Homoeopathy
 - Reverse Pharmacology and Homoeopathy
 - Enhancing Prescribing Skills in Homoeopathy

Inaugural Ceremony

The Congress was inaugurated by: Smt. Chandrima Bhattacharya, Minister of State, Health & Family Welfare, Govt. of West Bengal & Dr. Manas Ranjan Bhunia, Minister of Irrigation & Waterways, Govt. of West Bengal.

Commemorative Releases

Coffee Table Book chronicling HMAI's 50-year journey & Audio-Visual Film celebrating HMAI's legacy

Special Postal Cover with Cancellation Stamp issued by India Post, Government of India.

Scientific Sessions

34 sessions held across three parallel halls over three days, with 88 posters presented by postgraduate scholars, faculty, and researchers.

Dr. Raj K. Manchanda (LMHI), in his brief but impactful address, underscored the pivotal role that professional organizations play in the advancement and global recognition of Homoeopathy. He urged the delegates to actively engage with the LMHI, emphasizing that membership is now easily accessible through its online platform at www.lmhi.org. His appeal highlighted the importance of collective participation in strengthening Homoeopathy's international presence and fostering collaboration across borders. Later, during the scientific session, Dr. Manchanda delivered a thought-provoking lecture on "Advancing Homoeopathy within the WHO Global Traditional Medicine Strategy 2025–2034." In this presentation, he elaborated on the challenges facing Homoeopathy in the contemporary healthcare landscape and outlined the critical role that LMHI, along with civil society organizations, can play in ensuring its growth and integration at the global level.

He stressed that aligning Homoeopathy with the WHO strategy would not only enhance credibility but also open new avenues for research, policy development, and international cooperation. In addition to his scientific contribution, Dr. Manchanda, in his capacity as Chairperson of the Homoeopathy Sectional Committee, Ayush Department of the BIS, participated in a high-level roundtable discussion on "Homoeopathy Drug Export: Policy Pathways for International Markets." Here, he enlightened the delegates on the emerging role of BIS in formulating standards and certification processes for Homoeopathic products.

He emphasized that standardisation is indispensable for ensuring quality, safety, and global acceptance of Indian Homoeopathic exports.

The discussion resonated strongly with industry representatives, who expressed optimism that the availability of Indian Standards for Homoeopathic products would serve as a turning point for the sector. With credible certification and internationally recognized benchmarks, Indian manufacturers could aspire to greater acceptance, enhanced credibility, and expanded export opportunities in global markets. This development was seen as a beacon of hope, promising to elevate India's standing as a trusted supplier of Homoeopathic medicines worldwide.

The Congress featured over 40 distinguished speakers.

Conclusion

The 23rd All India Homoeopathic Congress 2026 in Kolkata was a resounding success, reaffirming Homoeopathy's growing integration into national and global healthcare frameworks. The event showcased scientific advancements, policy initiatives, and international collaborations, positioning HMAI as a pivotal force in shaping the future of Homoeopathy.

The Golden Jubilee celebration served not only as a tribute to the past but also as a clarion call for continued innovation, evidence-based practice, and global engagement in Homoeopathic medicine.

Justice Maheshwari of Indian Supreme Court gives completion certificates for Homeopathy Seminar in Agra



(L-R: Prof Leonid, LMHI NVP for Russia receiving his certificate from Justice Maheshwari and Dr Alok Pareek Past President – LMHI)

Justice J K Maheshwari, one of the senior most judges of the Supreme Court of India participated as Chief Guest at the valedictory ceremony of Dr Pareek's Seminar on Applied Homeopathy held from 9th to 16th February in Agra, India.

In his address, Justice Maheshwari reiterated the stance of the Supreme Court of India that the government must take initiatives to further enhance the reach and use of homeopathy for public health. He mentioned that in various judgements, the court has made this clear that homeopathy enjoys the same status as conventional medicine. He mentioned that the court acknowledged the positive outcomes of homeopathic prophylaxis during the COVID pandemic.

Quoting Mahatma Gandhi in his speech, he mentioned that homeopathy is safe and efficacious. Justice Maheshwari presented course completion certificates to delegates from 5 countries. Among the delegates were Prof Leonid Kosmodemyansky, LMHI NVP for Russia and Dr Elena of the Siberian Homeopathic Association.

NVP of México Dr. Sandra Massry

Dr. Sandra Massry graduated from Medical School and then pursued a PHD in Clinical Nutrition.

After a few years she decided to go into education and became a Montessori Teacher. Fascinated by learning what children need to be healthy and develop their full potential she began working in education.

In 2010 she studied in Homeopatia de Mexico the specialty and then Master degree in Homeopathic Medicine. She has been teaching in this institution since her graduation day. She teaches the Theory of Clinical practice according to the teachings of Hahnemann and Dr. Proceso Sanchez Ortega.

Most recently Dr. Massry obtained a PHD in Neuropsychology and education. She is passionate about helping children with neurodevelopment disorders through homeopathy and a lifestyle that is coherent with nature. She is the mother of three and loves nature and art.

Meet the NVP



Update From China: Fostering Complementary Cooperation in Integrated Healthcare

Aaron To, Hong Kong Association of Homeopathy / Yvonne Fok – NVP China

To promote the international standardisation of homeopathy, the Hong Kong Association of Homeopathy recently held the ‘International Alliance for the Standardisation of Traditional and Complementary Medicine: Symposium on the International Standardisation of Homeopathy’ on 15 March.

The organizers hope to urge the Hong Kong Special Administrative Region Government to expedite legislation to implement registration system, establishing management measures that comply with international standards to safeguard public health and protect the rights and interests of homeopathic practitioners.

The symposium invited several world-leading experts in homeopathic medicine to share insights with an audience of nearly 3,000 people on the application of homeopathy across various medical fields, offering a rich and engaging programme.



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The symposium was held at the Queen Elizabeth Stadium in Wan Chai. The organisers invited a number of distinguished guests, including Professor Aaron To Ka-lun, President of the Hong Kong Association of Homeopathy, Chair of the Homeopathy Expert Committee of the International Standardization Alliance for Traditional and Complementary Medicine; Professor Zheng Linyun, Executive Vice President of the Shanghai Academy of International Standardisation of Traditional Chinese Medicine; Professor Wu Chi-yuen, Associate Dean of the Faculty of Medicine at The Chinese University of Hong Kong; Professor Zhang Yuan, Director of the Guangdong Provincial Institute of Sports Science; Mr Chen Qingdong, Chairman of the Hong Kong International Economic and Trade Cooperation Association; Professor Lin Jingtai, Chairman of the Supervisory Board of the Guangdong Provincial Society of Cancer Rehabilitation; Professor Michael Frass, Chairperson of WissHom: Scientific Society for Homeopathy; Dr Alexander Tournier, Executive Director of the Homeopathic Research Institute; Professor Elio Rossi, Director of the Regional Centre for Integrative Medicine, Tuscany, Italy; Ms Monica Price, Chief Executive Officer of the Royal Series Homeopathic Charity Clinics, UK, served as the keynote speakers.



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On the second day of the Congress, the Hong Kong Association of Homeopathy hosted another session for professionals in homeopathy at the conference room of the Dorsett Wanchai, Hong Kong— on the International Homeopathy Practice Standards —to continue in depth, constructive dialogue with local and international peers. We dived into areas within the scope of homeopathic practice, including codes of professional conduct, training frameworks, and accreditation mechanisms. One of the key mission of HKAH since 2005 is that standardizing professional practice is a foundational step toward legislation. Establishing widely recognized, internationally endorsed standards are so much important before advancing local legislative, which could surely help accelerate and strengthen the legislative process, enhance professional visibility and public credibility, and—most importantly—safeguard public interest and safety, laying a robust foundation for the long term and sustainable development of homeopathy in Hong Kong.

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We are honored to invite Prof. Ashley Ross, Head of the Department of Homeopathy, Durban University of Technology, South Africa, and Secretary of Research (LMHI) to deliver a keynote speech on the South African Standards For Homeopathic Practice.



Dr. Raj Kumar Manchanda, Chairperson, Homoeopathic Sectional Committee, Ayush Department, Bureau of Indian Standards, Govt. of India, and the Special Secretary for Organizational Development & Public Policy (LMHI), was our key speaker for the topic -Standard Treatment Guidelines of Homeopathy in India.



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We extend our sincere gratitude to all distinguished guests, expert speakers, and participants for their enthusiastic support and participation. The International Homeopathy Standardization Symposium successfully concluded.

This symposium brought together experts and scholars from different countries to engage in meaningful discussions on key themes, including scientific research and development in homeopathy, integrative clinical applications, and international standardization.

These exchanges not only strengthened international professional dialogue, but also laid an important foundation for the standardized, academic, and clinically regulated development of homeopathy in Hong Kong.

We firmly believe that through continued communication, research, and collaboration, the development of local homeopathy will be able to play a clearer, more stable, and more constructive role in international integrative healthcare, scientific research, and clinical practice.

Mérida, Yucatán, Mexico
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